



"...we speak for air conditioning..."



# Manual Handling

This course provides general training in the risk management of manual handling.

It covers:

- NSW Legislation and Codes of Practice
- Impact on the Human Body
- Hazard Identification and Risk Assessment
- Risk Control Measures
- Communication



## Presenter:

Workplace Safety Centre

## Location:

AMCA NSW  
Level 3  
Suite 304  
51 Rawson St  
Epping

## Date:

Refer to the AMCA NSW website for details ([www.amcansw.com.au](http://www.amcansw.com.au)); or Receive the AMCA-AEA-NFIA Learning and Development Newsletter ([martin@amcansw.com.au](mailto:martin@amcansw.com.au))

## Time:

8:30am – 12:30pm

## Who should attend?

Any **worker** required performing manual handling in their job; along with their **managers** and **supervisors**, and those responsible for work organisation, job and **task design**.

## What will I learn?

At the end of this session you will be able to:

- Prevent manual handling injuries through risk identification, risk assessment and primary control through job and task design
- Increase awareness and understanding of the complex nature of manual handling activities
- Teach safe manual handling techniques

## Bookings:

Fax your booking form to **(02) 9869 3166**

**AMCA, NFIA & AEA Members:**

**\$180** plus GST  
per Participant

**Non-Members:**

**\$360** plus GST  
per Participant